

# HEY SISTER ALLERGENS GUIDE

## BURGERS

BUN	Dairy	Egg	Gluten	Soy	Nuts	Onion	Garlic	Sesame	Shellfish
BRIOCHE BUN	●	●	●					●	
VEGAN BUN				●					
GLUTEN FREE BUN				●					

BEEF BURGERS	Dairy	Egg	Gluten	Soy	Nuts	Onion	Garlic	Sesame	Shellfish
HEY SISTER	●	●	●			●	●	●	
HEY HOTTIE	●	●	●			●		●	
HEY BABE	●	●	●					●	
YO BRO	●	●	●			●	●	●	
HEY MATE	●	●	●			●		●	
KING SOLOMON	●	●	●			●	●	●	

CHICKEN BURGERS	Dairy	Egg	Gluten	Soy	Nuts	Onion	Garlic	Sesame	Shellfish
HEY CHIC	●	●	●			●	●	●	
PETER PAN-KO	●	●	●				●	●	
TREASURE ISLAND	●	●	●	●			●	●	

MADNESS BURGERS	Dairy	Egg	Gluten	Soy	Nuts	Onion	Garlic	Sesame	Shellfish
DUA TIGA	●	●	●			●		●	
TWO FACE SLY	●	●	●				●	●	
DOUBLE TROUBLE	●	●	●				●	●	

SEAFOOD & PORK BURGERS	Dairy	Egg	Gluten	Soy	Nuts	Onion	Garlic	Sesame	Shellfish
HOKI POKEY	●	●	●			●	●	●	●
TWO FACE SLY	●	●	●			●	●	●	

VEGETARIAN BURGERS	Dairy	Egg	Gluten	Soy	Nuts	Onion	Garlic	Sesame	Shellfish
HEY PRETTY	●	●	●			●	●	●	
THE LOTUS PRINCE	●	●	●			●	●	●	
SPUD LIGHTYEAR	●	●	●			●	●	●	
THE GREAT PRETENDER	●	●	●	●				●	
HEY MACARENA	●	●	●	●				●	
TEMPEH-RALLY	●	●	●	●		●	●	●	
CAULIFORNIA DREAMING	●	●	●	●			●	●	
DOUBLE FURY	●	●	●			●	●	●	

ADD ONS	Dairy	Egg	Gluten	Soy	Nuts	Onion	Garlic	Sesame	Shellfish
PICKLES									
CARAMELISED ONION						●			
JALAPENOS									
CHEESE	●								
BEETROOT SLICE									
BACON									
KRANSKY	●								
PINEAPPLE									
AVOCADO						●	●		
VEGAN CHEESE									
PANKO FRIED CHICKEN	●	●	●				●		
GRILLED CHICKEN							●		
PULLED PORK						●	●		
PULLED BEEF			●			●	●		
HASHBROWN									
BBQ VEGAN PORK			●	●				●	
BEEF PATTY									
CAULIFLOWER & BROCCOLI PATTY									
PUMPKIN PATTY									
SAMBAL TEMPEH						●	●		
MAC N CHEESE PATTY			●	●			●		
HOKI FILLET	●	●	●				●		●
SALT & PEPPER CHICKEN	●	●	●	●			●	●	●
BEETROOT PATTY						●	●		
COLESLAW		●							

## EXTRA

BITES	Dairy	Egg	Gluten	Soy	Nuts	Onion	Garlic	Sesame	Shellfish
WINGS			●				●		
VIKING WINGS			●			●	●	●	
JUST WING IT			●				●	●	
SQUID BOB			●						
CALAMARI	●	●	●	●					●
SPONGEBOB			●	●			●		
SPRINGROLL			●						
VEGETARIAN CHICKEN NUGGETS	●		●	●					
CHURROS			●						

SALADS	Dairy	Egg	Gluten	Soy	Nuts	Onion	Garlic	Sesame	Shellfish
SALT & PEPPER CALAMARI	●	●	●	●					●
CHICKEN CAESAR	●	●	●			●	●		●

ROLLS	Dairy	Egg	Gluten	Soy	Nuts	Onion	Garlic	Sesame	Shellfish
EGG & BACON		●	●			●	●	●	
BLT ROLL		●	●			●	●	●	

SAUCES	Dairy	Egg	Gluten	Soy	Nuts	Onion	Garlic	Sesame	Shellfish
SWEET MAYO		●				●	●		
SRIRACHA MAYO		●					●		
HOT MAYO		●							
SWEET CHILLI MAYO		●							
AIOLI		●					●		
CAPSICUM RELISH						●	●		
TOMATO RELISH						●	●		
KETCHUP									
MUSTARD							●		
SOUR CREAM	●								
NORMAL MAYO		●							
HERSHEYS CHOCOLATE									
BBQ SAUCE						●	●		
WING CHUN SAUCE							●		
CHEESE SAUCE	●								
PLAIN VEGAN MAYO				●					
VEGAN AIOLI				●			●		
VEGAN SWEET CHILLI MAYO				●					
TARTARE SAUCE						●	●		
SRIRACHA							●		
WHITE SESAME DRESSING			●	●	●			●	●
BLACK SESAME DRESSING								●	
HOLLANDAISE	●	●							

## DRINKS

SMOOTHIES	Dairy	Egg	Gluten	Soy	Nuts
A GO GO SMOOTHIES			●		
SASSY BERRY			●		
MIXIE PIXIE			●		
BRAIN FREEZE BOB			●		
SUPAMAD			●		

VEGAN SHAKES	Dairy	Egg	Gluten	Soy	Nuts
MATCHA GREEN TEA				●	
OREO				●	
CHOC MINT				●	
STRAWBERRY OREO				●	
SALTY PEANUT BUTTER				●	●
CHOCOLATE				●	
VANILLA				●	
STRAWBERRY				●	
BANANA				●	
BLUE HEAVEN				●	
MIXED BERRIES				●	

SHAKES	Dairy	Egg	Gluten	Soy	Nuts
MATCHA GREEN TEA	●				
DILO MILO	●		●	●	
OREO	●		●		
COFFEE	●				
SALTY PEANUT BUTTER	●				●
CHOCOLATE	●				
VANILLA	●				
STRAWBERRY	●				
MIXED BERRY	●				
BANANA	●				
BLUE HEAVEN	●				
CARAMEL	●				

VEGAN SMOOTHIES	Dairy	Egg	Gluten	Soy	Nuts
MUZZING MANGO				●	
COCO BERRY				●	
NANA PAJAMAS				●	



All products may contain traces, although allergens are not present unless marked; however, these allergens are present in some of our supplier products at a manufacturing level. Hey Sister will endeavour to provide an allergen free product for its guests; however, we cannot guarantee that these items will be free from traces of these allergens due to potential chain. If you have an allergy to a specific product, please alert our team.

LEGENDS: ● The product contains and may contain allergen.